

BLOOD FLOW RESTRICTION TRAINING SYMPOSIUM

8 AM - 12 PM
10 JUNE

In our half day symposium, come enhance your foundational knowledge about BFR Training, learn about application parameters, clinical implications and how to safely and effectively integrate BFR Training into your rehabilitation sessions to enhance patient function!



SARAH SHERMAN

PT, DPT, ATC



CATIE DANN

MS, ATC, CSCS



UConn



ADAM WEAVER

PT, DPT



and more!

SESSION TOPICS

- Scientific mechanisms behind BFR
- Physiological & muscular adaptations
- Application parameters
- Cuff types, placement & uses
- Safety considerations & patient perspectives

FOR MORE SPECIFICS & AGENDA VISIT



sports.institute.uconn.edu/bfr-info/



\$50



4 CEUs

REGISTER TODAY!



UConn Health: Academic Rotunda
263 Farmington Ave
Farmington, CT 06030

BFR TRAINING SYMPOSIUM AGENDA



Cancellation & Refund Policy:

Cancellations received 7 business days prior will receive full refunds. No refunds if cancellations are within 7 business days of the symposium.

1

7:30- 8:00AM - Meet & Greet

2

8:00-9:30AM - The Science and Mechanisms of Action Behind Blood Flow Restriction Therapy

3

9:45-10:45AM - The Application of Blood Flow Restriction Therapy and Specifications of Use

4

11:00-11:30AM - Addressing Complications and Patient Perspectives and the Future of Blood Flow Restriction Therapy

5

11:30-12:00PM – Live Demonstration & Lab: Utilizing Blood Flow Restriction Therapy in Your Clinic



MORE INFO & REGISTER TODAY!

[SPORTS.INSTITUTE.UCONN.EDU/BFR-INFO](https://sports.institute.uconn.edu/bfr-info)

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